Peer Support Record Tool

Effective Date: January 1, 2000



Initiation

Question

- 01 Each consumer has a separate record.
- Each record includes the consumer's address, home and work telephone numbers, birth and/or identified gender, employer or school, home and work telephone numbers including emergency contacts, relationship or legal status, and guardianship information if relevant.
- All entries in the contact record include the responsible peer/family/recovery coach's name, what organization the peer works for and is dated and signed (including electronic signature for EMR systems) where appropriate.
- The peer/family/recovery coach has the name and contact information for the consumer's psychiatrist, therapists, treatment counselor, and/or case worker in the record.
- The reasons for starting the peer services are indicated.
- The goals the consumer has for working with the peer/family/recovery coach are stated in the record
- There is evidence in the consumer's record of an inventory of the consumer's strengths and other resilience factors such as the consumer's support network.
- There is evidence in the consumer's record that the peer specialist conducted an inquiry as to whether the consumer has a WRAP, an advanced directive, recovery plan, and a plan for managing relapse.
- O9 Comments on the consumer's perception on their current family and/or social supports is included in the record.
- There is evidence in the contact record that the consumer confirms that consumer wants services.
- There is evidence the peer specialist obtained appropriate consents to contact consumer's behavioral health clinician, medical physician, family/social supports, and/or agencies and other programs with which the consumer is involved.

Coordination of Care

Question

- There is evidence in the contact record of the consumer's behavioral health clinician (e.g. psychiatrist, social worker, psychologist, counselor, treatment counselor), including contact information
- There is evidence in the contact record that the Peer Specialist is coordinating care with the behavioral health clinician.
- There is evidence in the contact record that the consumer was asked whether they have a medical physician (PCP).
- 15 If the consumer has a PCP there is documentation that communication/collaboration occurred.

Recovery Planning

Question

- There is evidence in the contact record of a recovery plan, developed by the consumer with support from the specialist as needed.
- 17 The recovery plan includes a description of the consumer's goals, the timeframes for meeting each goal, and the steps the consumer wants to take to achieve his/her goals.
- The recovery plan includes a description of how the consumer will engage in peer support, empowerment activities and other community support services.
- The recovery plan includes the development of a WRAP (if desired by the consumer), advance directive (if desired by the consumer), and/or plan for managing relapse.
- There is evidence that the peer/family/recovery coach has offered the consumer a range of empowerment tools.
- 21 The contact record shows the peer specialist is helping the consumer work with their providers.
- There is evidence the recovery plan is reviewed at regular intervals.

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Case Notes

Question

- 23 Each case note includes the date of service, start and stop time, and is signed by the Peer Specialist.
- 24 Each case note identifies what recovery plan goals are being addressed during the session.
- The case notes reflect changes in goals as new issues are identified by the consumer.
- The case notes describe/list consumer strengths and challenges and how those impact the consumer meeting or changing the recovery plan goals.
- There is evidence that the peer /family/recovery coach has offered the consumer access to face to face, online or phone based support.
- The peer/family/recovery coach describes in the case notes the progress or lack of progress towards recovery plan goals.
- 29 The case notes document any referrals made to other agencies, and/or support services when indicated.

Transitions Planning

Question

- If the consumer transitioned from the service, there was evidence the peer specialist coordinated the transition with the consumer's primary behavioral health clinician, and other appropriate agencies and/or supports.
- If the consumer was transitioned from the service, there was evidence that the peer specialist provided the consumer with a list of appropriate peer support groups and activities.

Administrative

Question

- The case notes document the date of next agreed upon appointments.
- The record is clearly legible to someone other than the writer.