



Iowa – Mobile Crisis Care Options

When someone is experiencing a severe mental health crisis, they may need face-to-face response urgently. Mobile crisis providers will respond to wherever the crisis is occurring in the local community and will work to stabilize individuals in their home setting.

The providers listed below represent all available mobile crisis providers in the state – areas they operate in, phone number, hours of operation, and ages served. Areas without mobile crisis services are not listed.

Hillcrest Family Services	
Contact	1-855-800-1239
Hours of Operation	24/7
Ages Served	All ages
Plains Area Mental Health Center	
Contact	1-888-696-2896
Hours of Operation	24/7
Ages Served	All ages
Siouxland Mental Health Center	
Contact	1-888-696-2896
Hours of Operation	24/7
Ages Served	All ages
Your Life Iowa	
Contact	1-855-581-8111
Hours of Operation	24/7
Ages Served	All ages

Inside Out Wellness and Advocacy	
Contact	1-844-428-3878
Hours of Operation	24/7
Ages Served	All ages
Seasons Center	
Contact	1-844-345-4569
Hours of Operation	24/7
Ages Served	All ages
Southern Iowa Mental Health Center	
Contact	1-855-581-8111
Hours of Operation	24/7
Ages Served	All ages

Counties Served

County	Provider Name
Allamakee	Your Life Iowa
Appanoose	Southern Iowa Mental Health Center
Audubon	Inside Out Wellness and Advocacy
Benton	Your Life Iowa
Black Hawk	Your Life Iowa
Boone	Your Life Iowa
Bremer	Your Life Iowa
Buchanan	Your Life Iowa
Buena Vista	Plains Area Mental Health Center
Butler	Your Life Iowa
Calhoun	Plains Area Mental Health Center
Carroll	Plains Area Mental Health Center
Cedar	Your Life Iowa
Cerro Gordo	Your Life Iowa
Cherokee	Plains Area Mental Health Center
Chickasaw	Your Life Iowa

County	Provider Name
Iowa	Your Life Iowa
Jackson	Your Life Iowa
Jasper	Your Life Iowa
Jefferson	Your Life Iowa
Johnson	Your Life Iowa
Jones	Your Life Iowa
Keokuk	Your Life Iowa
Kossuth	Your Life Iowa
Lee	Your Life Iowa
Linn	Your Life Iowa
Louisa	Your Life Iowa
Lyon	Seasons Center
Madison	Your Life Iowa
Mahaska	Southern Iowa Mental Health Center
Marshall	Your Life Iowa
Mitchell	Your Life Iowa

County	Provider Name
Clay	Seasons Center
Clayton	Your Life Iowa
Clinton	Your Life Iowa
Crawford	Plains Area Mental Health Center
Dallas	Inside Out Wellness and Advocacy
Davis	Southern Iowa Mental Health Center
Delaware	Your Life Iowa
Des Moines	Your Life Iowa
Dickinson	Seasons Center
Dubuque	Hillcrest Family Services
Emmet	Seasons Center
Fayette	Your Life Iowa
Floyd	Your Life Iowa
Franklin	Your Life Iowa
Greene	Your Life Iowa
Grundy	Your Life Iowa
Guthrie	Inside Out Wellness and Advocacy
Hamilton	Your Life Iowa
Hancock	Your Life Iowa
Hardin	Your Life Iowa
Henry	Your Life Iowa
Howard	Your Life Iowa
Humboldt	Plains Area Mental Health Center
Ida	Plains Area Mental Health Center

County	Provider Name
Monroe	Southern Iowa Mental Health Center
Muscatine	Your Life Iowa
O'Brien	Seasons Center
Osceola	Seasons Center
Palo Alto	Seasons Center
Plymouth	Seasons Center
Pocahontas	Plains Area Mental Health Center
Poweshiek	Your Life Iowa
Sac	Plains Area Mental Health Center
Scott	Your Life Iowa
Sioux	Seasons Center
Story	Your Life Iowa
Tama	Your Life Iowa
Van Buren	Your Life Iowa
Wapello	Southern Iowa Mental Health Center
Warren	Your Life Iowa
Washington	Your Life Iowa
Webster	Your Life Iowa
Winnebago	Your Life Iowa
Winneshiek	Your Life Iowa
Woodbury	Siouxland Mental Health Center
Worth	Your Life Iowa
Wright	Your Life Iowa