



Texas Medicaid: Autism Services

Policy Number: BH803TX082025
Effective Date: August 19, 2025
Interim Review Date: N/A

Table of Contents	Page
Introduction & Instructions for Use	1
Autism Spectrum Disorder & Services	1
Applied Behavior Analysis Services	4
Reimbursement/Billing Guidelines	15
References	18
Revision History	18

Introduction & Instructions for Use

Introduction

The following State or Contract Specific Clinical Criteria defined by state regulations or contractual requirements are used to make medical necessity determinations, mandated for members of behavioral health plans managed by Optum.

Other Clinical Criteria may apply when making behavioral health medical necessity determinations for members of behavioral health plans managed by Optum®. These may be externally developed by independent third parties used in conjunction with or in place of these Clinical Criteria when required, or when state or contractual requirements are absent for certain covered services.

Instructions for Use

When deciding coverage, the member’s specific benefits must be referenced. All reviewers must first identify member eligibility, the member-specific benefit plan coverage, and any federal or state regulatory requirements that supersede the member’s benefits prior to using these Clinical Criteria. In the event that the requested service or procedure is limited or excluded from the benefit, is defined differently or there is otherwise a conflict between this Clinical Criteria and the member’s specific benefit, the member’s specific benefit supersedes these Clinical Criteria.

These Clinical Criteria are provided for informational purposes and do not constitute medical advice.

Autism Spectrum Disorder & Services

Autism services are a benefit of the Texas Health Steps-Comprehensive Care Program (THSteps-CCP) for Medicaid children or youth who are 20 years old and younger, and meet the criteria outlined in this policy.

Autism spectrum disorder (ASD) is a condition characterized by restricted, repetitive patterns of behavior, interests, or activities and deficits in social communication and social interaction, with onset of symptoms occurring in early childhood.

Texas Medicaid acknowledges that research and clinical practices in interventions for ASD are an evolving and dynamic field. As such, documentation to support the medical need for ASD services, including applied behavior analysis (ABA) services, may include intervention techniques with a sound basis in discipline specific peer-reviewed literature when available, interventions with specific applicability to the person's clinical and functional profile (including co-morbid conditions), and an individualized, person-centered treatment plan that aligns with the values and preferences of the person with ASD and family.

Diagnosis

- Diagnosis of ASD may be made by any one of the following providers:
 - A developmental pediatrician
 - A neurologist
 - A psychiatrist
 - A licensed psychologistAn interdisciplinary team to include:
 - Members of an interdisciplinary diagnostic team administer the elements required for the diagnosis of ASD. Each provider must be qualified by licensure to use the reliable, valid, standardized diagnostic assessment tool(s).
 - An interdisciplinary diagnostic team may consist of a physician or allowed diagnosing provider who may coordinate with providers specializing in autism for a consultation as listed under the interdisciplinary team. Providers of the interdisciplinary diagnostic team must be qualified child specialists and have expertise in autism. The prescribing provider may use the documented results of a reliable, valid, and standardized diagnostic assessment tool or combination of tools from the following disciplines:
 - Any provider listed above
 - Licensed clinical social worker
 - Licensed professional counselor
 - Licensed psychological associate
 - Licensed specialist in school psychology
 - Occupational therapist (OT)
 - Speech-language pathologist (SLP)
 - *Note:* An allowed practitioner is an individual licensed in Texas as a physician assistant (PA), a certified nurse practitioner (NP), or clinical nurse specialist (CNS).
- A comprehensive diagnostic evaluation must include all of the following to support a diagnosis of ASD:
 - Diagnostic criteria and symptom severity level according to the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM).
 - A reliable, valid, and standardized diagnostic assessment tool or combination of tools, using the most current editions or versions of the tools, as age and clinically appropriate, such as the Autism Diagnostic Observation Schedule, the Autism Diagnostic Interview-Revised (ADI-R), the Childhood Autism Rating Scale, or another validated diagnostic assessment tool, as clinically appropriate. The diagnostic assessment tool must be indicated for diagnostic purposes by the publisher.
 - Screening tools such as the Screening Tool for Autism in Toddlers and Young Children (STAT) or the Modified Checklist for Autism in Toddlers (M-CHAT-R) may not replace the use of the validated diagnostic assessment tool.
- Documentation of diagnosis must include:
 - Age of the child or youth
 - Date of the initial ASD diagnosis
 - Documentation of any known co-morbid behavioral or physical health disorders.
 - Documentation of trauma history.
- To be eligible for the ABA services outlined in this section, a diagnosis of ASD complete with diagnostic criteria and symptom severity level must be made or reconfirmed with reassessment within 3 years of initiation or recertification of ABA services.
- To be eligible for ABA services outlined in this section more than 3 years after initial ASD comprehensive diagnosis, a comprehensive reevaluation of ASD symptom severity levels per DSM criteria must be made by qualifying diagnostic providers, listed above. A reevaluation must include the same components as an initial comprehensive diagnostic evaluation.

Comprehensive Service Array

- Texas Medicaid offers an array of medically necessary services to support individualized treatment plans for children and youth who are 20 years old and younger with ASD.
- These services may be covered benefits when matched with an individualized treatment plan tailored to the specific needs of the child or youth who are 20 years old and younger and their caregivers and documented as medically necessary and effective. Not all services may be clinically appropriate for all people, families, or situations.
- Services must be evidence-based, person-centered, delivered by personnel of appropriate training and credentialing, and oriented to functional, attainable, and measurable goals.
- Services must be evidence-based, person-centered, delivered by personnel of appropriate training and credentialing, and oriented to functional, obtainable, and measurable goals.
- These services include but are not limited to:
 - Applied behavior analysis (ABA)
 - Case management/care coordination (with parent permission)
 - Early Childhood Intervention (ECI)
 - Nutrition, when provided by a Licensed Dietitian
 - Occupational therapy (OT)
 - Outpatient behavioral health services
 - Physician services, including medication management
 - Physical therapy (PT)
 - Speech language pathology (SLP); also called speech therapy (ST)
- Non-physician, qualified health care professionals who are enrolled in Texas Medicaid may be reimbursed up to 2 (two) times per rolling year for participation in interdisciplinary team meetings (procedure code 99366) for the coordination of care for children or youth who are 20 years old and younger with ASD and who have a prior authorization for ABA evaluation or treatment services. The Licensed Behavior Analyst (LBA) is required to participate in interdisciplinary treatment team meetings. Interdisciplinary team meetings are not required for child or youth access to any service but are highly encouraged for a collaborative approach to treatment, which is considered the gold standard for care of people with ASD.
 - Interdisciplinary team meetings must include at least two other licensed professionals meeting simultaneously with the parent or caregiver. The child or youth may optionally attend the meeting.
 - Additional members may attend, such as assistants, paraprofessionals, or others the family chooses, but these participants may not seek Medicaid reimbursement or count toward the required members of the interdisciplinary team meeting.
 - Non-Medicaid enrolled licensed professionals who work directly with the child or youth and would otherwise be eligible for reimbursement for interdisciplinary team meetings except that they are not Medicaid-enrolled may not receive Medicaid reimbursement for participation in team meetings. However, they may be considered as a participating team member for the purpose of meeting the minimum number of provider participants.
 - Regardless of Medicaid enrollment, licensed assistants, nonclinical social workers, case managers, and paraprofessionals may not count toward the minimum number of licensed professionals present at the interdisciplinary team meeting.
 - Team members may include licensed Medicaid enrolled practitioners of the following disciplines:
 - Licensed Clinical Social Worker (LCSW)
 - Licensed behavior analyst (required team member)
 - Licensed Dietician (LD)
 - Licensed professional counselor (LPC)
 - Licensed Psychologist (LP)
 - Occupational Therapist (OT)
 - Physical Therapist (PT)
 - Speech-Language Pathologist (SLP)
 - Physician, Physician assistant, or nurse practitioner
 - *Note:* The physician, physician assistant, or nurse practitioner may bill a standard evaluation and management code (i.e., established patient visit) based on the counseling and coordination of care time spent in the team conference.
 - To be reimbursed for the interdisciplinary team meeting (procedure code 99366), each participating licensed team member must have individually evaluated or provided direct services to the child or youth within the previous 180 days.

- For a change of provider, the new provider must follow policy requirements [see Change of Provider section] to begin services prior to attendance at the interdisciplinary team meeting.
- Team members, including the child or youth their family, or their caregiver, may participate via remote technology which meets standards of care for telehealth.
 - Medicaid-enrolled providers must designate remote delivery with modifier 95 on the claim.
- Team members may include representatives from the child or youth's school, but school districts are not eligible for direct reimbursement for the interdisciplinary team meeting.
- No more than one individual from the same specialty may receive Medicaid reimbursement for the team meeting:
 - School personnel of the same discipline of Medicaid-enrolled providers who are participating to coordinate care are not considered duplicates of the same specialty and may count toward the 3-participant licensed professional minimum.

Applied Behavior Analysis Services

Applied Behavior Analysis (ABA)

- Behavior analysis is the scientific study of the principles of learning and behavior, specifically about how behavior affects, and is affected by past and current environmental events in conjunction with biological variables.
- ABA refers to the application of current, evidence-based specialized principles of the applied behavior analysis discipline by a provider, such as a licensed and certified behavior analyst (LBA), trained in this intervention.
- The intent of ABA therapy is to effect meaningful changes, which are durable and generalized, in socially significant behaviors in everyday settings. ABA focuses on treating behavior difficulties and shaping behavior patterns through environmental adaptations and consistent reinforcement and consequences across settings and situations.
 - Intensive behavioral intervention (IBI) is a high intensity application of ABA therapy.
- ABA services must be medically necessary to treat, correct or ameliorate the individual's condition. A diagnosis alone is not sufficient documentation to support the medical necessity of ABA.
- Physical restraint is not appropriate during any service provided to Medicaid children or youth under the Autism Services benefit except in emergency instances of threat of physical harm to the child or youth or others around them.
 - Physical restraint may only be implemented by a person trained in the type of restraint being implemented.
 - Restraint must be limited to the use of such reasonable force as is necessary to address the emergency.
 - Restraint must be discontinued at the point at which the emergency no longer exists.
 - Restraint must be implemented in such a way as to protect the health and safety of the child or youth and others.
 - Restraint must not deprive the child or youth of basic human necessities.
 - Documentation must be kept of the up-to-date training for all staff members involved and of each incident that resulted in restraint.
- Use of ABA in no way precludes other medically necessary treatment interventions for ASD such as ST, OT, and other forms of behavioral therapy, family therapy, parent implemented models that use a developmental relationship-based approach and/or medication management. Texas Medicaid strongly encourages, and in some circumstances requires, interdisciplinary collaboration of care.

Prior Authorization/Authorization Requirements

- Prior authorization is required for an ABA evaluation (procedure code 97151), an initial course of ABA treatment, and for subsequent recertifications for treatment (procedure codes 97153, 97154, 97155, 97156, 97158). Re-evaluations (procedure code 97151) for recertification of treatment require authorization.
- Essential elements for prior authorization are listed above in Submission Documentation section.
- Prior authorization/authorization requests may be submitted to the TMHP Prior Authorization Department via mail, fax, or the electronic portal. The electronic signature technology must meet all applicable federal and state statutes and administrative rules. Electronically signed documents must have an electronic date on the same page as the signature and electronic signatures that are generated through an electronic medical record (EMR) or electronic health record (EHR) system that complies with applicable federal and state statutes and rules are acceptable. All electronically signed transactions and electronically signed documents must be kept in the client's medical record. Prescribing and dispensing providers that utilize electronic signatures must provide a certification that the electronic signature technology that they use complies with all applicable federal and state statutes and administrative rules. Providers who submit a prior authorization/authorization request must also attest that electronic signatures included in the request are true and correct to the best of their knowledge. A hard copy of electronic transactions and signed documents must be available upon

request. Stamped signatures and images of wet signatures will not be accepted. Prescribing or ordering providers, dispensing providers, clients' responsible adults, and clients may sign prior authorization/authorization forms and supporting documentation using electronic or wet signatures.

- To complete the prior authorization/authorization process by paper, the provider must fax or mail the completed Comprehensive Care Program (CCP) Prior Authorization Request Form to the TMHP prior authorization unit and retain a copy of the signed and dated prior authorization form in the client's medical record.
- To complete the prior authorization/authorization process electronically, the provider must complete the prior authorization/authorization requirements through any approved electronic methods and retain a copy of the signed and dated prior authorization/authorization form in the client's medical record.
- To facilitate determination of medical necessity and avoid unnecessary denials, the prescribing provider and the LBA must provide correct and complete information, including documentation for medical necessity for the equipment or supplies requested. The physician must maintain documentation of medical necessity in the client's medical record.
- The prescribing provider or the LBA may be asked for additional information to clarify or complete a request.
- Retrospective review may be performed to ensure documentation supports the medical necessity of the requested services, equipment, or supplies, as well as to determine compliance with all Medicaid requirements.

Timelines and Required Items

- The completed CCP Prior Authorization Request form and submitter certification statement are required with every submission for authorization or prior authorization.
- TMHP will accept the prescribing provider's signature on the CCP Prior Authorization Request form as a statement that the client's Texas Health Steps (THSteps) screenings are current and passed unless otherwise stated by the provider.
- Provider Assessment and Treatment Plan follow the Applied Behavior Analysis (ABA) Provider Requirements and Program Description.

ABA Initial Evaluation

- To request prior authorization for an ABA initial evaluation, LBAs or prescribing providers must submit the following:
 - Documentation of comprehensive diagnostic assessment or reconfirmation of diagnosis for ASD signed and dated by the diagnosing physician, dated within 3 years prior to the date the PA request for ABA initial evaluation is received.
 - A completed Comprehensive Care Program (CCP) Prior Authorization Request Form, signed and dated by a prescribing provider within 60 (sixty) calendar days prior to or on the anticipated evaluation date requested.
 - The authorization for the initial ABA evaluation (procedure code 97151) is valid for 60 days from the requested evaluation date.
 - When the request for prior authorization is signed and dated after the requested evaluation date, dates of service prior to the prescribing provider's signature date will be denied.
- A request for prior authorization for an ABA initial evaluation must be submitted within 60 days prior to or on the requested evaluation date.
- When the request for prior authorization is submitted after the requested evaluation date, dates of service prior to the receive date will be denied.

Initial 90-Day ABA Treatment

- To request prior authorization for an Initial 90-day ABA treatment, providers must submit the following:
 - Completed ABA evaluation and treatment plan signed and dated by the LBA.
 - An ABA evaluation is considered current when it is performed within 60 days prior to the start of care date on the prior authorization request form.
 - A completed Comprehensive Care Program (CCP) Prior Authorization Request Form, signed and dated by a prescribing provider within 60 calendar days prior to the requested ABA treatment start date, including the requested procedure codes and maximum units requested.
 - Providers may be authorized for units of procedure codes 97153, 97154, 97155, 97156, or 97158 for up to 90 days from the start date of service requested on the CCP Prior Authorization Request Form.
 - Providers must obtain authorization within 3 business days of the start of care (SOC) date for services that have not been prior authorized. During the authorization process, providers are required to deliver the requested services from the SOC date. Requests received after the 3-business day period will be denied for services prior to the date the request was received.

- Late submissions: Requests for initial 90-day ABA treatment submitted 60 days after the completed ABA evaluation date and within 180 days after the evaluation date will require a progress summary signed and dated by the LBA.
 - For late submissions submitted after 180 days from the evaluation date, a re-evaluation must be completed.

ABA 90-Day Treatment Extension

- To request prior authorization for an ABA 90-day treatment extension, providers must submit the following:
 - Attendance log which also includes a calculation of the percentage of authorized sessions attended by the:
 - child or youth; and
 - parent or caregiver for family education.
 - Progress summary signed by LBA and parent or caregiver.
 - A completed CCP Prior Authorization Request Form (prescribing provider signature not necessary).
 - Note: The initial treatment plan must be signed and dated by a prescribing provider for the full 180 days. The 90-day treatment extension is to continue the same treatment frequency or submit new goals if needed.
 - A 90-day recertification request is considered timely when it is submitted within 30 days prior to the end of the current authorization period. Providers may be authorized for units of procedure codes 97153, 97154, 97155, 97156, or 97158 for up to 90 days from the initiation of services.
 - A request for prior authorization that is submitted after the current authorization end date is denied for all dates of service prior to the date the request is received.

ABA Re-evaluation

- To request authorization for an ABA re-evaluation, providers must submit the following:
 - Completed ABA re-evaluation and treatment plan signed and dated by the LBA.
 - Re-evaluations do not require prior authorization (procedure code 97151). Re-evaluation will be reviewed for authorization upon submission.
 - Providers must have a signed referral from the prescribing provider for an ABA re-evaluation in the client's file.
 - A re-evaluation may occur as early as 60 days prior to the end of the current authorization period.
 - An ABA re-evaluation is considered current when it is performed within 60 days before the end of the current authorization period.
- Procedure code 97151 should be listed on the CCP Prior Authorization Request Form with date span to include dates the re-evaluation was performed.

ABA 180-Day Recertification

- Prior authorization for documented medically necessary recertification requests may be considered for increments up to 180 days for each request following the initial total of 180- days (two 90-day) authorization periods.
- To request prior authorization for an ABA 180-day recertification, providers must submit the following:
 - Attendance log that also includes a calculation of the percentage of authorized sessions attended by the:
 - child or youth;
 - Parent or caregiver for family education
 - ABA re-evaluation and treatment plan signed by LBA.
 - An ABA re-evaluation is considered current when it is performed within 60 days before the current prior authorization end date.
- A completed CCP Prior Authorization Request Form, signed and dated by a prescribing provider within 60 calendar days prior to the requested ABA treatment recertification start date, including the requested procedure codes and maximum number of units.
 - Providers may be authorized for units of procedure codes 97153, 97154, 97155, 97156, or 97158 for up to 180 days from the start date of service requested on the CCP Prior Authorization Request Form.
- Late submissions: Requests submitted 60 days after the completed ABA evaluation date and within 180 days after the evaluation, will require a review of current progress summary signed and dated by the LBA.
 - For requests submitted more than 180 days after the re-evaluation date, a new re-evaluation must be completed.
- A request for prior authorization for recertification of treatment that is submitted after the current authorization end date is denied for all dates of service after that end date and prior to the date the request is received.
- A complete request must be received no earlier than 60 days before the current authorization period expires.

- A gap in service is defined as not receiving ABA treatment or re-evaluation for 180 days or more. When a gap in service is identified, the provider must submit the request as an initial request and all documentation related with an initial request is required.

Discharge Criteria

- The ABA provider may discharge the child or youth from treatment or ABA prior authorizations may be discontinued when documentation submitted indicates one or more of the following:
 - The child or youth has met ABA treatment plan goals and is no longer in need of ABA services.
 - The child or youth has not made clinically significant progress toward meeting goals identified on the ABA treatment plan after successive progress review periods and repeated modifications to the treatment plan.
 - Healthcare services which do not demonstrate effectiveness as consistent with Medicaid autism service requirements must be modified or discontinued.
 - ABA treatment plan gains are not generalizable or durable over time and do not transfer to the larger community setting after successive progress review periods and repeated modifications to the treatment plan.
 - The child or youth can no longer participate in ABA services because of medical factors, family factors, or other factors that prohibit participation.
 - Parent or caregiver opts to discontinue.
 - Attendance falls below 85% of authorized sessions without documentation supporting the medical necessity of continued treatment.
 - The ABA providers do not appropriately collect, track, or review progress or outcomes data, and/or make appropriate treatment plan modifications for effective service delivery.

Service Delivery

Frequency and Duration

- Frequency must always be commensurate with the child or youth's clinical needs, level of disability, as well as evidence-based standards of practice; it is not for the convenience of the responsible parent or caregivers or the provider.
- LBA recommendations for frequency and duration on the ABA TP are expected to reflect the LBA's skilled analysis of the optimal dose-response relationship for the child or youth and family. Therefore, child or youth and family attendance at the recommended frequency and duration levels is critical in following evidence-based treatment recommendations. Poor or sporadic attendance may impact the effectiveness, durability, and/or generalizability of the treatments that are delivered.
- An effective course of ABA typically requires active parent or caregiver involvement to increase the potential for durable and generalizable behavior changes in the specific behaviors identified as causing limitations or deficits in functional skills expected for the child or youth based on personal and environmental factors unique to that individual. Exceptions to this are made only as determined on a case-by-case basis.
- ABA may (not inclusive of procedure code 97156) be delivered at the following frequency and duration levels without requiring additional submission of documentation and/or review by a physician for medical necessity. Medical necessity is related to symptom severity as defined by the current version of the DSM in addition to guidelines in this section. All levels of intensity of ABA treatment services may be considered depending upon individual case consideration. The following are guidelines. The objectives of ABA therapy will vary per child or youth, and frequency and duration should be based upon the functional goals of treatment, specific needs of the child or youth, response to treatment, and availability of appropriately trained and certified ABA staff. Treatment plans in which the requested frequency exceeds the following service level guidelines will be sent for physician review to determine medical necessity.
 - High frequency (IBI) (greater than 20 hours/week) may be considered when documentation shows two or more of the following:
 - 6 years of age or younger
 - Autism Severity Level 2 or 3 (per DSM-V criteria)
 - Goals related to elopement, aggression, or self-injury that are severely impairing
 - Within the first 2 years of initiating ABA
 - Moderate frequency (6 to 20 hours/week) may be considered when documentation shows two or more of the following:
 - 12 years of age or younger
 - Autism Severity Level 2 or 3 (per DSM-V criteria)
 - Goals related to elopement, aggression, or self-injury that are moderately impairing
 - Within the first 4 years of initiating ABA therapy

- Targeted/focused frequency (up to 5 hours or less/week or 20 hours or less/month in some other increment) may be considered when documentation shows two or more of the following:
 - 20 years of age or younger
 - Autism Severity Level 1, 2, or 3 (per DSM-V criteria)
 - Focused on specific targeted clinical issues or goals related to specific targeted skills
- Maintenance/consultative level (2-4 hours per week or less) may be considered when documentation all of the following:
 - Ages 1 through 20 years of age
 - Autism Severity Level 1, 2, or 3 (per DSM-V criteria)
 - Goals related to integration of specific skills into daily functioning
 - Documentation substantiates the risk for regression after completion of more intense ABA intervention

Parent or Caregiver Involvement

- For fidelity to the ABA treatment model for children or youth who meet eligibility requirements, an effective course of ABA typically requires active parent or caregiver participation and involvement to increase the potential for behavior changes in the specific behaviors identified as causing limitations or deficits in functional skills expected for the child or youth.
- Parent or caregiver training is considered a separate component of the individualized treatment plan from the direct services provided to the child or youth and documentation of parent progress on goals is required.
- Parent or caregivers ideally must be able to participate in ABA therapy and implement ABA techniques in the home and community environment as instructed by the LBA or licensed assistant behavior analyst (LaBA) for behavior changes to prove to be durable and generalizable. Individual family circumstances are necessary criteria when designing the individualized treatment plan.
- Participation by the parents or caregivers are expected, and continued authorization for ABA services will take consideration of their involvement and ability to reinforce behavior changes over time and across settings.
 - Exceptions to this general expectation may be considered on a case-by-case basis. For example, for children or youth in residential placement through the Department of Family and Protective Services conservatorship with a treatment plan designed to address this limitation. In these cases, persons involved in the child or youth's care are encouraged to be involved in implementation of the therapeutic interventions in the home and community.
 - ABA services will not be denied solely on the basis of lack of parent or caregiver involvement; however, parent or caregiver involvement may affect the effectiveness, durability, and generalizability to natural settings of the treatment and may be considered when making determinations regarding effectiveness of the treatment requested.

Treatment Planning

- Treatment planning requires that the LBA collaborate with and obtain documentation of determinations from the prescribing provider or other appropriate providers for elements of the treatment plan which are not within the LBA scope of practice.
- ABA treatment plans, including group treatment, require goals that relate to the child or youth's individual functional contexts.
- Functional context refers to everyday environments for behaviors or skills that allow the child or youth to achieve an outcome relevant to his/her health, safety, or independence.
 - Goals to address behaviors that result in deficits in social communication and social interaction relating to the child or youth's health, safety, or independence in functional contexts may be considered medically necessary.
 - Treatment plan goals (to include parent or caregiver training) may target a specific behavior interfering with activities of daily living (ADLs) and use the principles of ABA (i.e., backward chaining, schedules of reinforcement, etc.) to teach parents or caregivers on supporting ADLs.
 - General goals addressing ADL skill acquisition are excluded.
- Functional goals must be specific to the child or youth, objectively measurable within a specified time frame, attainable in relation to the child or youth's prognosis and developmental status, both important to and relevant to child or youth and their family and directly related to the core symptoms of ASD as defined by the current version of DSM.
- The treatment plan may also include goals to specifically address challenging behaviors, such as aggression, in the creation of a Behavior Support Plan (BSP).
 - BSPs may not include the use of aversive interventions, including but not limited to the use of pain, discomfort, social humiliation, seclusion, or restraints.
- The treatment plan must include separate goals specific to parent or caregiver training.
- The child or youth must be able to participate in sessions as outlined in the individualized treatment plan.

- This policy addresses ABA services provided by Texas LBAs as well as by a Licensed assistant Behavior Analyst (LaBA) or behavior technician (BT) working under the supervision of an LBA in office, home, clinic, and community settings.
- All LBAs and their supervisees must provide services in a way that is consistent with the physician's orders, commonly accepted practice standards, licensing requirements, and within their scope of practice.
- Services must be provided in compliance with requirements of Medicaid, the Texas Health Step Comprehensive Care Program, medical standards for telehealth, and these Medicaid Autism Services requirements, which may be more restrictive than general ABA practice.
- The LBA must determine if services are clinically appropriate, effective, and not contraindicated for the child or youth, their family, or particular situation.
- *Note:* Remote delivery as specified for this service will supersede that of the Telecommunication Services Handbook.
- ABA therapy addresses the behaviors associated with the core symptoms of ASD that impact attainment of individualized functional goals. It is out of scope for an ABA provider to attempt to remediate underlying or associated medical conditions that may impact progress toward individualized functional goals or to formulate a treatment plan without appropriate collaborations with other healthcare disciplines, as appropriate.
- LBAs and the staff they supervise are expected to have training and knowledge of typical development for children or youth 20 years old and younger in order to provide medically necessary services.
- When evaluating and treating children and youth with suspected or diagnosed co-morbid genetic, physical, or behavioral health conditions or trauma history, the LBA is expected to coordinate with the appropriate skilled and licensed professionals. Co-occurring conditions may mimic or exacerbate ASD symptoms.
- Diagnosis and treatment of physical health conditions, including developmental delays in children, would require collaboration with additional professionals.
 - For example, a child or youth with a co-morbid diagnosis of a motor disorder who has treatment plan goals addressing speech or motor skill development would require coordination with SLP, OT, or PT as appropriate.
 - For example, a child or youth with a diagnosis of a seizure disorder would require close coordination with the physician treating the condition.
 - A child with a co-morbid diagnosis of a feeding disorder who has treatment plan goals addressing feeding would require coordination with the appropriate medical provider to include but not limited to a dietitian, OT, or SLP, as appropriate.
 - LBAs are not permitted as the sole provider of a feeding treatment plan.
- Diagnosis and treatment of co-occurring behavioral health conditions requires the input of and coordination with behavioral health professionals specifically trained and educated in this scope of practice.
 - For example, a child or youth with a comorbid diagnosis of anxiety would require coordination with the appropriate behavioral health provider.
- It is out of scope for an LBA to dictate the provision of other medically necessary treatments, including to require a child or youth and their family to drop other services in order to access ABA.
- The following ABA services may be authorized for eligible children or youth who have been diagnosed with ASD according to guidelines:
 - An initial ABA evaluation (procedure code 97151) to include development of an individualized treatment plan and a Behavior Support Plan (BSP) as appropriate.
 - An initial 90-day course of ABA treatment with medical necessity documentation from the ABA evaluation. Treatment may include the following with documented medical necessity:
 - Provision of one-on-one ABA services delivered directly by the LBA or delivered by the supervised LaBA, or both (procedure codes 97153, 97155).
 - Provision of group ABA services delivered directly by the LBA or delivered by the supervised LaBA, or both (procedure codes 97154, 97158).
 - One-on-one services delivered directly to the child or youth with ASD by a BT or LaBA must be delivered in person. Use of telehealth in one-on-one, direct service delivery with the child or youth by a BT or LaBA is prohibited.
 - Providing training to family members or caregivers by the LBA or delegated to the supervised LaBA in accordance with the child or youth's individualized treatment plan (procedure code 97156). The child or youth with ASD is not required to be present for this family or caregiver training.
 - A 90-day extension of medically necessary ABA treatment, with supportive documentation of the extension from submission of an attendance log which also includes a calculation of the percentage of approved sessions completed for child or youth and their parent or caregiver, and a progress summary.
 - An ABA re-evaluation (procedure code 97151), to include an attendance log which also includes a calculation of the percentage of approved sessions completed for child or youth and their parent or caregiver.

- A 180-day recertification of ABA treatment with medical necessity documentation from the ABA re-evaluation and related documents.
- All ABA treatment and evaluation services require a signed and dated referral from the child or youth's prescribing provider.

Provider Requirements

- Licensed Behavior Analysts (LBA) must meet all the following requirements:
 - Have a current, unrestricted, state issued license and meet all applicable Texas licensure requirements.
 - If applicable, employ directly or contract with LaBAs or BTs or both.
 - Have training and knowledge of typical development for children or youth who are 20 years old and younger.
- LBAs serve as direct supervisors of the LaBAs and BTs and must ensure that the quality of the ABA services provided by LaBAs and BTs meets the minimum standards promulgated by the applicable certifying body's recommendations, rules, and regulations as well as Medicaid requirements.
- LBAs are responsible for the delivery of ABA including the treatment plan.
- Direct supervision must be provided in accordance with Texas state licensure.
- Only direct supervision, where the LBA directly observes the LaBA or the BT providing services with the child or youth or the child or youth's parents or caregivers, will be reimbursed by Texas Medicaid (procedure code 97155). Indirect supervision, to include but not limited to, a review and discussion of case load, data collection procedures, and professional development, is not reimbursable under Texas Medicaid.
- ABA treatment will ideally be delivered in the primary language used at home or the primary language of the child or youth with ASD.
 - Translation or interpretation services, when and as required for effective service delivery, must be offered if providers are not able to deliver the treatment in the child or youth's primary language.
- The LBA is responsible for provision of services within Medicaid requirements.
- Licensed Assistant Behavior Analysts (LaBAs)
 - LaBAs must have a current, unrestricted state issued license and meet all applicable Texas licensure requirements.
 - A supervised LaBA working within the scope of their training, practice, and competence may assist the LBA in various roles and responsibilities as determined appropriate by the LBA and delegated to the LaBA, consistent with the Texas state licensure requirements and Medicaid requirements.
 - LaBAs must have training and knowledge of typical development for children or youth 20 years old and younger.
 - LaBAs may not enroll in Texas Medicaid.
- Behavior Technicians (BT)
 - At BT refers to a high-school graduate level paraprofessional who delivers ABA services under the supervision of a LBA or an LBA and an LaBA.
 - All BTs must have certification as one of the following:
 - Registered Behavior Technician (RBT®).
 - Board Certified Autism Technician (BCAT)
 - Applied Behavior Analysis Technician (ABAT®)
 - Behavior technicians may not enroll in Texas Medicaid.
 - Behavior technicians may not use the term "therapist" or be referred to as a "therapist" in their job title when interacting with Medicaid-enrolled children or youth, families, or caregivers or with professionals who also serve the child or youth, such as school staff or physicians.
 - BTs may not amend the treatment plan or interpret the treatment plan to family, caregivers, or professionals who also serve the child or youth, such as school staff or physicians.
 - A BT may not conduct the ABA assessment or establish a child or youth's ABA treatment plan.

Documentation Requirements

- All the following elements must be submitted with the authorization request.
 - *Note:* "Days" refers to calendar days unless otherwise specified.
- Initial Evaluation for Authorization:
 - The referral for ABA services must be submitted with the authorization request and must contain documentation from the diagnosing or prescribing provider of:
 - Age of the child or youth and year of the initial ASD diagnosis.
 - Any co-morbid behavioral health or physical conditions, including trauma history.
 - Level of symptom severity as per DSM criteria under ASD.

- Diagnosis of ASD or re-evaluation of ASD diagnosis must have been made within the past 3 years, including the diagnostic criteria and symptom severity level per DSM criteria. A reliable, valid, standardized diagnostic tool or combination of tools must have been a part of the initial evaluation or re-evaluation.
- A signed and dated referral from the prescribing provider for an evaluation for ABA services.
 - This referral may originate from the primary care provider.
 - The referral may originate from the diagnosing provider who is a physician or allowed practitioner.
 - *Note:* An allowed practitioner is an individual licensed in Texas as a physician assistant (PA), a certified nurse practitioner (NP), or clinical nurse specialist (CNS).
- Initiation of ABA Treatment Authorization
 - All the following elements must be submitted with the authorization request:
 - A signed and dated referral from a physician outlining the frequency and duration of treatment based on recommendations made in the ABA evaluation as well as the prescribing provider's own clinical judgement.
 - The LBA must coordinate with the prescribing or other appropriate physician to document elements for initiation of ABA treatment which are not within the LBA's scope of practice.
 - To document medical necessity for ABA, the following elements are required in the ABA assessment documentation:
 - A complete developmental history including:
 - Relevant co-morbid conditions, including trauma history.
 - Vision and hearing or audiologic screening, as age and clinically appropriate.
 - *Note:* If age and clinically appropriate, Texas Health Steps required screenings are acceptable. Results of further evaluations may be required if those screenings indicated deficits.
 - One-on-one observations of the child or youth, including at least one natural setting.
 - Documentation of interviews with parents/caregivers to further identify and define lack of adaptive behaviors and presence of maladaptive behaviors, to include any linguistic or cultural factors that may impact treatment.
 - Family history.
 - Primary language used by the child or youth with ASD and their family.
 - Document whether the child or youth has a previous history of ABA. When prior history exists, include how long the child or youth has been receiving ABA services (include any gaps in treatment) and their responses to previous interventions.
 - Prognosis based on evidence from the evaluation regarding the individual's capacity to make behavioral gains.
 - Validated assessments of cognitive abilities and adaptive behaviors, such as the Vineland Adaptive Behavior Scales.
 - An estimate of the child or youth's cognitive abilities may be provided when a validated assessment of cognitive abilities is not possible due to the child or youth's level of ASD or behaviors or both.
 - Limited cognitive ability or other co-occurring disability does not preclude the child or youth from consideration for medically necessary ABA evaluation and treatment services provided the treatment plan is realistic for the child or youth.
 - A functional behavior assessment, related to specific behaviors of concern, to be addressed in a BSP, as clinically indicated.
- Individualized ABA treatment plans must include:
 - Identification of specific targeted behaviors/skills related to the child or youth's health, safety, or independence that will be addressed in treatment.
 - Treatment goals must directly relate to the core symptoms of ASD as defined by the DSM.
 - Goals and protocols must be selected by the LBA in collaboration with the parents or caregivers, consistent with person-centered and family-centered practice.
 - Functional goals must be specific to the child or youth, objectively measurable within a specified time frame, attainable in relation to the child or youth's prognosis and developmental status, both important to and relevant to child or youth and family and directly related to the core symptoms of ASD as defined by the DSM.
 - Baseline data for all behaviors and skills identified for intervention across settings (e.g., home, school, community) where treatment will occur.
 - A BSP, if appropriate.
 - BSPs must include an operational, behavioral definition of the target behavior excesses and deficits, prevention and intervention strategies, schedules of reinforcement, and functional alternative responses.

- The planned frequency (intensity) and duration of treatment across all settings to reflect the severity of the impairments, goals of treatment, expected response to treatment, and specific individual variables, (including availability of appropriately trained and certified ABA staff) that may affect the recommended treatment dosage.
 - Refer to Frequency and Duration section for guidelines to determine medical necessity.
- Measurable parent or caregiver goals pertaining to learning the basic behavioral principles of ABA and applicability of these behavioral interventions in the home and community.
- The planned frequency and duration of parent or caregiver training. Participation by the parent(s)/caregiver(s) is expected, and continued authorization for ABA services will take consideration of their participation in at least 85% of approved sessions.
 - Parent or caregiver training must be conducted by an LBA or LaBA.
 - The formal design of treatment protocol instructions to the supervised LaBAs and/or BTs.
 - If group treatment is planned, the treatment plan must include clearly defined, measurable goals for the group therapy that are specific to the individual and their targeted behaviors/skills.
 - A plan to ensure maintenance and generalization of skills.
 - Clearly defined, measurable, realistic discharge criteria and a transition plan across all treatment environments.
 - A clear plan to coordinate care with other providers, and with school services.
 - This is contingent upon a signed release of information from parent or guardian. Documentation of parent or guardian refusal to sign consent should be documented in these situations but should not preclude access to treatment.
- ABA Assessments and treatment plans completed by the LBA must include:
 - The child or youth's name
 - Date of birth
 - Date the initial ABA evaluation and treatment plan was completed
 - Name of the referring prescribing provider
 - Signature with date by the LBA
 - Signature with date by the parent or caregiver
 - Initial requests for ABA will be authorized for 90 days and may be extended for an additional 90 days contingent upon submission of an attendance log and progress summary that support an extension of treatment.
- Authorization of 90-day Extension of Initial ABA Authorization
 - All the following elements must be submitted with the authorization request:
 - Attendance log for child or youth
 - Attendance log for parent or caregiver
 - Progress Summary
- Attendance Log and Progress Summary
 - Attendance logs which include a calculation of the percentage of authorized sessions successfully completed must be maintained for the child or youth receiving treatment and for responsible parent or caregiver participation. If attendance falls below 85% of approved hours per authorization period as outlined in the individualized treatment plan and parent or caregiver education plan, additional documentation must be submitted by the LBA to substantiate need for continued ABA services at the previously approved level. All documentation must be submitted to the child or youth's health plan.
 - Attendance logs will record all authorized and completed sessions and the percent of authorized sessions attended by child or youth and the parent or caregiver for their authorized respective sessions.
 - Attendance logs must be submitted after the first 90 days of initiating ABA treatment.
 - Attendance logs must be submitted with each request for extension or recertification.
 - Children or youth and parents or caregivers are expected to have attended a minimum of 85% of their respective sessions agreed upon within the approved treatment plan to substantiate the need for continuing at the previously approved frequency and duration of ABA services.
 - In cases where the child or youth or the parent or caregiver has not met the 85% attendance expectation, the ABA provider must submit justification to continue services at the previously approved frequency to the child or youth's health plan for physician review.
- Progress Summary
 - A progress summary is made in the format of a treatment note and must be:
 - Submitted after the first 90 days of initiating ABA treatment.
 - Billed as procedure code 97155.
 - Signed by LBA.

- Signed by the parent or caregiver.
- Documentation Required for Recertification of Treatment with ABA
 - Subsequent requests after the initial total 180-day authorization may be approved for an additional 180-day period.
 - Requests for recertification of ABA treatment must include:
 - Documentation of the comprehensive ASD diagnosis within the three years prior to the date of the ABA reevaluation.
 - Attendance log which includes a calculation of the percentage of authorized sessions which were completed.
 - For recertifications, children or youth and parents or caregivers are expected to have attended a minimum of 85% of their respective sessions agreed upon within the approved treatment plan in order to continue at the previously approved frequency and duration of ABA services. Recertification requests not meeting this requirement will require submission of additional documentation and must be sent for physician review.
 - ABA re-evaluation.
- ABA Re-evaluation
 - Re-evaluation may be performed no earlier than within the last 60 days of an authorization period.
 - A re-evaluation includes all of the following:
 - All components of an initial evaluation that are within the scope of practice of an LBA.
 - The LBA shall maintain documentation of all of the elements of the initial ABA assessment which have been conducted by or coordinated with another provider.
 - An updated BSP for the child or youth, if applicable.
 - Baseline, current, and interim data for all behaviors and skills identified for intervention to demonstrate degree of progress toward mastering the functional treatment goals.
 - Documentation to allow reviewers to assess if the child or youth's behavior and skills have improved to a clinically meaningful extent in at least two settings (e.g., home, community, with different family members or peers) and to demonstrate that the LBA appropriately recorded and tracked progress and made protocol modifications as needed for effective service delivery.
 - Individual considerations should be given on a case-by-case basis for those with unusual or complex circumstances that may impact functional goal achievement (for example, children or youth in residential placement through the Department of Family and Protective Services conservatorship).
 - The child or youth's treatment plan updated and modification of the treatment protocol, as appropriate, to include clearly defined, measurable, functional goals for addressing behaviors and ensuring maintenance and generalization of acquired skills.
 - Documentation of the child or youth's status using a reliable, valid, standardized assessment tool.
 - Discharge plan, to include fading and generalization plan.
 - For children or youth with additional diagnoses/co-morbid conditions, LBAs must address impact of co-morbidities on ABA progress and collaborate with other disciplines as appropriate.
 - Date and time the re-evaluation and treatment plan update were completed.
 - LBA signature and date.
 - The LBA must submit documentation attesting that:
 - The family, caregiver, or responsible adult has agreed to the treatment plan, including:
 - The frequency specified on the treatment plan.
 - All places of service specified on the treatment plan.
 - That the specific goals and prioritization of the identified goals on the treatment plan aligns with child or youth and their family values and preferences.
 - That the provider has access to sufficient staff to deliver the treatment plan frequency, duration, and in all places of service specified to allow accurate assessment of attendance in authorized sessions.
- Client Record Documentation
 - In addition to documentation requirements outlined in the Submission Documentation section, all services outlined in this policy are subject to retrospective review to ensure that the documentation in the child or youth's medical record supports the medical necessity of the service(s) provided as well as adherence to Medicaid requirements. This documentation does not need to be submitted for the purposes of prior authorization.

Comprehensive Diagnostic Evaluation

- All required elements of the comprehensive evaluation must be retained by the diagnosing provider in the child or youth's medical record.

Interdisciplinary Team Meeting

- For procedure code 99366, each rendering provider must document the following:
 - Start and stop time of team meeting (minimum 30 minutes)
 - Date of most recent evaluation or re-evaluation
 - Names, disciplines, and organizational affiliation of other attendees
 - Brief narrative of reports to parents or guardians and the child or youth with ASD
 - Summary of decisions made
 - Action items
 - Signature and date of the provider.
- Licensed assistants, non-clinical social workers, or paraprofessionals may not represent their supervisors at interdisciplinary team meetings

Consent

- Formal documentation of signed consent to ABA treatment signed by the child or youth's legally authorized representative must be kept in the child or youth's file.

Treatment Note

- For procedure codes 97153 (individual treatment) and 97154 (group treatment), the following documentation must be kept on file by the treating provider and be available when requested:
 - Child or youth's name.
 - Date of service.
 - Start and stop time of each parent or caregiver session.
 - Treatment plan goals addressed, and progress noted, if applicable.
 - A summary of the covered ABA services attempted during the session to include the activities or interventions delivered during the session and time allotted for them.
 - This summary should include direct observation measures that record data during every treatment session to allow the LBA to graph data across time for analysis.
 - Rendering ABA providers must sign each entry with full signature and credentials.
 - Additional supervisory signatures must be made in accordance with state licensure requirements and professional standards of care for the delivery of medically necessary services.
- For procedure codes 97155 (individual treatment with protocol modification) and 97158 (group treatment with protocol modification) the documentation should include all required treatment note elements listed for procedure codes 97153 and 97154 as well as:
 - Description of protocol modification decision points (may include supervision of BT or LaBA for procedure code 97155)
 - Assessments of child or youth's progress or lack of progress
 - Treatment Plan, such as updated goals.
- For procedure code 97156 (parent or caregiver training and guidance, with or without the child or youth present), the following documentation in the treatment note must be kept on file by the treating provider and be available when requested:
 - Child or youth's name
 - Date of service
 - Start and stop time of each parent or caregiver education session
 - Treatment plan goals addressed, and progress noted, if applicable
 - A summary of the covered parent or caregiver training during the session
 - Rendering ABA providers must sign each entry with a full signature and credentials.

Change of Provider

- If a provider or client discontinues therapy during an existing prior authorized period and the client requests services through a new provider, outside the current group, the new provider must start a new request for authorization and submit all documentation required for an initial evaluation, including the following:
 - A change-of-therapy provider letter, signed by the responsible adult
 - The letter must document the date that the client ended therapy (effective date of change) with the previous provider, or the last date of service
 - The name of the new provider and previous provider

- When a child or youth transfers to a new performing provider within the same group, the new provider must use the same evaluation and plan of care.
- The authorization period will not change when the provider changes in this situation.

Exclusions

The following services are not a benefit of Texas Medicaid:

- ABA addressing academic goals.
- ABA addressing goals only related to performative social norms that do not significantly impact health, safety, or independence.
- Treatment other than at the maintenance or consultative level not expected to result in improvements in the child or youth's level of functioning.
- Services that do not require the supervision of or specific skills and judgement of a LBA to perform.
- Services that do not meet accepted standards of practice for specific and effective treatment of ASD.
- Services delivered by at BT in the school setting as a shadow, aide, or to provide general support to the child or youth.
- Equipment and supplies used during ABA services are not reimbursed separately; they are considered part of the services provided.
- ABA evaluation or intervention services provided by a clinic or agency owned or partially owned by the child or youth's responsible adult (e.g., biological, adoptive, or foster parents, guardians, court-appointed managing conservators, other family members by birth or marriage).
- ABA evaluation or intervention services provided directly by the child or youth's responsible adult (e.g., biological, adoptive, or foster parents, guardians, court-appointed managing conservators, other family members by birth or marriage).
- Experimental or investigational treatment.
- Services or items not generally accepted as effective and/or not within the normal course and duration of treatment.
- Services for the caregiver or provider convenience (e.g., as respite care or limiting treatment to a setting chosen by provider for convenience).

Reimbursement/Billing Guidelines

- If services billed exceed the limitations outlined in this policy, the claim will be denied and may be appealed.
- Autism services are reimbursed in accordance with Title 1 Texas Administrative Code § 355.
- Direct treatment for the child or youth is limited to a total of 8 hours per day, inclusive of procedure codes 97153, 97154, 97155, and 97158.
- The following modifiers may be required for ABA services:

• Modifier	• Description
• HO	• Licensed behavior analyst
• HN	• Licensed assistant behavior analyst
• HM	• Behavior technician
• 95	• Telehealth

- For clients who are 20 years old and younger, the limitations may be exceeded with evidence of medical necessity.
- The following procedure codes will be authorized for a 60-day authorization period for ABA evaluation or re-evaluation:

• Initial Evaluation		
• Procedure Code	• Limitations	• Modifier Options
• 97151	• Limited to 6 hours (24 units)	• HO only

• Re-evaluation		
• Procedure Code	• Limitations	• Modifier Options
• 97151	• Limited to 6 hours (24 units)	• HO only

- The following procedure codes may be reimbursed for ABA individual treatment:
97153 – no modifier required
97155 – HO,HN modifier options

- The following procedure codes may be reimbursed for ABA group treatment services:

• Procedure Code	• Modifier Options
• 97154	• No modifier required
• 97158	• HO,HN

- The following procedure code may be reimbursed for ABA parent or caregiver, family education and training services:

• Procedure Code	• Modifier Options
• 97156	• HO,HN

- The following procedure code may be reimbursed for interdisciplinary team meetings attended by qualified non-physician healthcare providers:

• Procedure Code	• Modifier Options
• 99366	• No modifier required

- Each claim for procedure code 97151 requires the following modifier:

• Modifier	• Description
• HO	• Licensed behavior analyst

- Each claim for procedure codes 97155, 97156, and 97158 requires one of the following modifiers:

• Modifier	• Description
• HO	• Licensed behavior analyst
• HN	• Licensed assistant behavior analyst

- Claims submitted with codes 97153 and 97154 may include the following modifiers for information purposes:

• Modifier	• Description
• HO	• Licensed behavior analyst
• HN	• Licensed assistant behavior analyst
• HM	• Behavior technician

- Reimbursement for procedure code 99366 is limited to autism code F84 and is contingent upon prior authorization of ABA evaluation, re-evaluation, or treatment services:
- Texas Medicaid will not reimburse multiple ABA providers during one ABA session with a child or youth when more than one ABA provider is present (concurrent billing).
- Concurrent billing is excluded except when the family and the child or youth with ASD are receiving separate services, and the child or youth is not present in the family session.
- Texas Medicaid will not reimburse for ABA treatment services when the child or youth or family is not present and engaged in a therapeutic relationship.
- Reimbursement for covered ABA procedure codes is for the direct service time. Pre- and post-work for the session are not reimbursed separately. Separate reimbursement for treatment planning, note documentation, report writing, or updating of charts and data sheet is prohibited (other than what is allowable under procedure code 97151).

Telehealth Service Delivery

- Some service delivery to children or youth and to the parents or caregivers may be delivered remotely. It is the LBA's responsibility to ensure that remotely delivered telehealth services are within scope of practice, not contraindicated for the child or youth, family, or particular situation, are clinically appropriate and effective, and in compliance with Texas licensure and standards for telehealth and the Texas Health Steps-CCP and these Medicaid Autism Services requirements. ABA evaluation and treatment services may only be delivered via telehealth using synchronous audio-visual technology or a similar technology.

- The following procedure codes may be delivered via telehealth:

Procedure Code	Required Modifier to designate remote delivery
97151	95
97155	95
97156	95
97158	95
99366	95

- LaBAs and RBTs may not deliver any service remotely.
- Reimbursable remote delivery services must include synchronous audiovisual interaction between the distant site provider and the child or youth or parent or caregiver in another location.

ABA Services

- Procedure code 97151 is intended for conducting and reporting initial evaluations and treatment plans as well as re-evaluations by the LBA once every 180 days.
- Procedure code 97151 is reimbursed per authorized units provided by an LBA.
- Procedure code 97151 will be authorized for up to 24 units (six hours) for the initial request of ABA services to complete an initial ABA evaluation and develop a treatment plan, to include data analysis and report writing.
- Procedure code 97151 must be used within 30 calendar days of the first date of service for procedure code 97151 and is not reimbursable unless evaluation was submitted for authorization of payment.
- Procedure code 97151 is eligible for reimbursement upon submission and approval of completed evaluation or re-evaluation.
- After the initial evaluation, procedure code 97151 will be authorized for up to 24 units (six hours) for re-evaluations for every subsequent authorization.
- Procedure code 97153 is intended to be used for direct one-on-one ABA services delivered per ABA treatment plan protocol to the child or youth.
- Procedure code 97153 designates a service of the complexity level appropriate for the delivery by a BT.
- Procedure code 97155 is used by LBA (or as delegated to an LaBA) for direct one-on-one time with one child or youth to develop a new or modified protocol.
- Procedure code 97155 may also be used to demonstrate a new or modified protocol to a BT, LaBA, and parents or caregivers with the child or youth with ASD present. The focus of this code is the skilled determination to make an addition or change to the protocol.
- Procedure code 97155 may be used when directly supervising the BT or LaBA while working directly with the child or youth.
- Either procedure code 97153 or 97155 may be used to request total hours of direct individual ABA treatment for the authorization period. Providers may then bill the code that reflects the treatment delivered.
- Procedure code 97154 is intended to be used for direct group ABA services delivered per ABA treatment plan protocol to the child or youth.
- Procedure code 97154 designates a service of the complexity level appropriate for the delivery by a BT.
- A group includes at least 2 children or youth but no more than 8.
- Procedure code 97158 is used by LBA (or as delegated to an LaBA) for direct group time to develop a new or modified group treatment protocol.
- Either procedure code 97154 or 97158 may be used to request total hours of direct group ABA treatment for the authorization period. Providers may then bill the code that reflects the treatment delivered.
- Procedure code 97156 is used by the LBA (or as delegated to an LaBA) for guiding the parents or caregivers (with or without the child or youth with ASD present) to use the ABA treatment plan protocols to reinforce adaptive behaviors for durability and generalizability. LBAs may delegate parent or caregiver teaching to LaBAs working under their supervision. LaBAs may not deliver services remotely via telehealth.

Method for Counting Minutes for Timed Procedure Codes in 15-Minute Units

- All claims for reimbursement of procedure codes paid in 15-minute increments are based on the actual amount of billable time associated with the service. For those services for which the unit of service is 15 minutes (1 unit = 15 minutes), partial units should be rounded up or down to the nearest quarter hour. See table below.

- To calculate billing units, count the total number of billable minutes for the calendar day for the client, and divide by fifteen to convert to billable units of service. If the total billable minutes are not divisible by 15, the minutes are converted to one unit of service if they are greater than seven and converted to zero units of service if they are seven or fewer minutes.
- For example, 68 total billable minutes/15 = 4 units + 8 minutes. Since the 8 minutes are more than 7 minutes, those 8 minutes are converted to one unit. Therefore, 68 total billable minutes = 5 units of service.

Units	Number of Minutes
0 Units	0 minutes through 7 minutes
1 Unit	8 minutes through 22 minutes
2 Units	23 minutes through 37 minutes
3 Units	38 minutes through 52 minutes
4 Units	53 minutes through 67 minutes
5 Units	68 minutes through 82 minutes
6 Units	83 minutes through 97 minutes
7 Units	98 minutes through 112 minutes
8 Units	113 minutes through 127 minutes

References

Texas Health and Human Services. (2024). HHS Children's Autism Program. Texas HHS website: <https://hhs.texas.gov/services/disability/autism>.

Texas Medicaid Provider Procedures Manual. (2025). Texas Medicaid and Healthcare Partnership (TMHP) website: <https://www.tmhp.com/resources/provider-manuals/tmpppm>.

Revision History

Date	Summary of Changes
02/01/2022	Version 1
02/22/2022	Version 1-Revised with TMHP updates
06/13/2023	Version 2
06/11/2024	Version 3
01/21/2025	Health plan approved Optum approval 12/17/2024 Revisions per Texas Medicaid Provider Services Manual • Minor language updates to align with the TX provider manual • No changes to coverage criteria
03/18/2025	Health Plan and Optum Approved Revision per Texas Medicaid Provider Services Manual • Removed CCP form requirement for ABA 90-day treatment extension, effective 04/01/2025.
05/20/2025	Health Plan and Optum Approved Revision to the following sections: • Timelines and Required Items • ABA 90-Day Treatment Extension
08/19/2025	Health Plan and Optum Approved Annual Review Revisions per Texas Medicaid Provider Services Manual • Minor language updates to align with the TX provider manual • No changes to clinical coverage criteria