

Provider Attested Specialties for the Treatment of Post-Traumatic Stress Disorder (PTSD)

What?

Two new provider attested specialties for the treatment of PTSD are now available:

- Prolonged Exposure (PE)
- Cognitive Processing Therapy (CPT)

Why?

Arming consumers with information improves informed decision making:

- Allows users the ability to search for providers who deliver specific evidence-based interventions
- Evidence-based interventions result in improved outcomes



How?

Providers who are already in the Optum Network and have completed the competency based training can follow these easy steps to have their profiles updated:

1. Go to providerexpress.com > Admin Resources > Forms > Optum Forms – Administrative - Clinician Expertise/Specialty Attestation
2. Print and complete the form
3. Fax the form and required training certificates to your network manager

Interested in Competency Based Training?

To improve provider access to training, Optum has collaborated with the STRONG STAR Training Initiative:

- The STRONG STAR Training Initiative is dedicated to providing access to quality, evidence-based treatment training to providers and organizations that serve veteran communities
- Training is available to clinicians who provide treatment to Veterans or their families in the community through STRONG STAR
- Information on training opportunities for non-Veteran serving providers are provided on the STRONG STAR training website
- Go to strongstartraining.org and click on “scholarships” and “upcoming learning communities” for more information

Go to providerexpress.com or strongstartraining.org for more information