

Screening for OUD

Substance Use Disorder Helpline
1-855-780-5955

DSM-5 Opioid Use Disorder Checklist⁴

Instructions

1. Answer "yes" or "no" for the questions below
2. Sum all "yes" symptoms
3. Use the Severity Scale (to the right) to measure OUD severity based on the number of symptoms present

Severity Scale

Corresponding ICD-10 Code*

Mild = 2-3 symptoms.....305.50 (F11.10)

Moderate = 4-5 symptoms.....304.00 (F11.20)

Severe = 6+ symptoms.....304.00 (F11.20)

* Not to be used with intoxication, withdrawal, and/or opioid mental disorders

DIAGNOSTIC CRITERIA (Opioid use disorder requires that at least 2 criteria be met within a 12-month period.)	MEETS CRITERIA? Yes OR No	NOTES/SUPPORTING INFORMATION
1. Opioids are often taken in larger amounts or over a longer period of time than intended.		
2. There is a persistent desire or unsuccessful efforts to cut down or control opioid use.		
3. A lot of time is spent in activities necessary to obtain the opioid, use the opioid, or recover from its effects.		
4. Craving, or a strong desire to use opioids.		
5. Recurrent opioid use resulting in failure to fulfill major role obligations at work, school, or home.		
6. Continued opioid use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of opioids.		
7. Important social, occupational, or recreational activities are given up or reduced because of opioid use.		
8. Recurrent opioid use in situations in which it is physically hazardous.		
9. Continued use despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by opioids.		
10. Tolerance,** as defined by either of the following: a) a need for markedly increased amounts of opioids to achieve intoxication or desired effect b) markedly diminished effect with continued use of the same amount of an opioid		
11. Withdrawal,** as manifested by either of the following: a) the characteristic opioid withdrawal syndrome b) the same (or a closely related) substance is taken to relieve or avoid withdrawal symptoms		

** This criterion is not met for individuals taking opioid solely under appropriate medical supervision

⁴ Substance Abuse and Mental Health Services Administration (SAMHSA). TIP 63: Medications for Opioid Use Disorder – Full Document. Page 5-21. Retrieved from <https://store.samhsa.gov/product/TIP-63-Medications-for-Opioid-Use-Disorder-Full-Document-Including-Executive-Summary-and-Parts-1-5/SMA18-5063FULLDOC>